

Oats and Legumes > Kale and Brassicas



Crimson clover growth in spring



Requires termination before flower to plant Kale in April



Mow or cut close just above soil surface



Add supplemental mulch



Transplant

Species	Type	Rate (oz / 100 sq.ft)
~ Oats	Grass	2 oz
~ Crimson Clover	Legume	1 to 2 oz

Planting Window

- ~ Fall
- ~ Refer to NRCS Indiana - Seeding Windows for best dates

Next Crops

- ~ Kale and transplanted brassicas

Management Notes

- ~ Plant mix in fall on beds that will be transplanted to spring kale.
- ~ Add 1 oz of hairy vetch for diversity or substitute for crimson clover.
- ~ Mow or cut cover crop in spring, 10 days prior to transplanting kale.
- ~ Leave cover crop mulch on the bed.
- ~ Broadfork if needed to alleviate compaction.
- ~ Cover with 2 layers of newsprint and straw mulch, fully blocking sunlight.*
- ~ Wait 10 days to allow for termination.**
- ~ Open up transplant spaces and transplant.
- ~ Spot weed around transplants if any cover crop regrowth occurs.

* Legumes are most easily terminated when cut at their flowering stage before making seed. Since the legume may not be flowering yet, additional measures are needed to terminate it, such as mulches or tarps.

** Waiting a period of time to open up transplant holes helps ensure the cover crop doesn't regrow via sunlight.



Kale crop

